

# NIGIRI

NIGIRI SUSHI "HAND-PRESSED SUSHI" CONSISTS OF SUSHI RICE THAT THE CHEF PRESSES BETWEEN THE PALMS OF THE HANDS TO FORM AN OVAL-SHAPED BALL, AND A TOPPING (THE NETA) DRAPED OVER THE BALL.



# GUNKAN

AN OVAL HAND-FORMED CLUMP OF SUSHI RICE THAT HAS A STRIP OF NORI WRAPPED AROUND ITS PERIMETER TO FORM A VESSEL THAT IS FILLED WITH FINE-CHOPPED INGREDIENTS.



# MAKI

A CYLINDRICAL PIECE OF SUSHI WITH NORI AND OTHER FRESH INGREDIENTS, FORMED WITH THE HELP OF A BAMBOO MAT.



# MINI POKEBOWL



E3 MAGURO 5PC  
TONIJN  
+ €4.5

E4 SALMON 5PC  
ZALM  
+ €3



E1 POKE SALMON  
ZALM | KOMKOMMER |  
SESAM | AVOCADO |  
WAKAME | EDAMAME |  
PONZU SAUS

E2 POKE TUNA  
TONIJN | KOMKOMMER |  
WAKAME | AVOCADO | SESAM |  
EDAMAME | PONZU SAUS

# SASHIMI



+ €3.00

# SIDES



## SUSTAINABLE

OUR SALMON ARE SUSTAINABLY FARMED NORWEGIAN SALMON WHICH DELIVERS A CLEAN TASTE AND TEXTURE THAT COMES FROM A SLOW, NATURAL GROWTH PROCESS AND EXCEPTIONAL REGULATIONS TO ENSURE SAFETY.



## FRESHNESS

OUR TUNA THAT HAS BEEN FROZEN AT -60 CELCIUS IS CALLED SUPER FROZEN TUNA. UNIQUE METHOD OF FREEZING TUNA BELOW -60 CELCIUS ON BOARD KEEPS THE FRESHNESS OF THE CATCH. TUNA IS QUICKLY BLED, PROCESSED AND FROZEN BEFORE RIGOR MORTIS SETS IN WHICH IS WHY IT IS SAID TO BE "FRESHER THAN FRESH".

## MISO

BROTHS ARE MADE USING AUTHENTIC PASTE. NEVER POWDER.

## SOY SAUCE

OUR SOY SAUCE ARE NATURALLY BREWED AND IMPORTED DIRECTLY FROM JAPAN.

## SUSHI RICE

IS GROWN IN THE FERTILE

SACRAMENTO VALLEY UNDER THE CALIFORNIA SUN. THIS RICE HAS JUST THE RIGHT AMOUNT OF STICKINESS AND NATURAL SWEETNESS.

## NO WASTE POLICY

AT SUMO SUSHI & GRILL WE LOVE OUR DISHES AND WE DISLIKE FOOD WASTE. WE REALLY APPRECIATE THAT OUR VISITORS WILL ONLY ORDER WHAT THEY CAN EAT. IN THE UNLIKELY EVENT OF WASTE, WE WILL CHARGE YOU FOR EVERY PIECE OR DISH. WE ASK €1.00 PER SUSHI AND €2.00 PER DISH.

## TAKE AWAY

WANT SUSHI & GRILL AT HOME? TRY OUR TAKE AWAY NOW!

SUMOHAARLEM.NL

OUR SUSHI? DON'T FORGET TO SHARE ON



# SUMO SUSHI & GRILL RESTAURANT



# MEAT

WE CAREFULLY CHOOSE OUR MEATS AND INGREDIENTS TO MAKE SURE WE DELIVER THE FINEST, FRESHEST PRODUCTS TO OUR CUSTOMERS



**61 CHICKEN CURRY**  
GEGRILDE KIP | CURRY SAUS | SESAM



**62 BEEF TERIYAKI**  
OSSENHAAS | BEEF SAUS | BOSUI | GEBAKKEN KNOFLOOK



**63 CHICKEN TERIYAKI**  
GEGRILDE KIP | TERIYAKISAUS | SESAM



**64 BLACK PEPPER CHICKEN**  
KIP | BLACK PEPPER SAUS | PAPRIKA | LENTE UI



**65 USUYAKI ROLLS**  
RIB EYE | ASPERGE | BOSUI | GEBAKKEN KNOFLOOK | TERIYAKISAUS



**66 USUYAKI CHEESE**  
RIB EYE | KAAS | SESAM | TERIYAKISAUS



**67 PEPPER RIB EYE**  
RIB EYE | GEBAKKEN KNOFLOOK | BOSUI



**68 BLACK PEPPER VEAL**  
RIB EYE | ZWARTE PEPER | BOSUI



**69 LAMB RACK**  
LAMSBACK | HONING MOSTERDSAUS | GEBAKKEN KNOFLOOK



**610 GRILLED DUCK**  
EENDENBORSTFILET | SESAM | PRUIMENSAUS



**611 GYOZA**  
GEGRILDE KIPPASTE | PONZU SAUS

# DEEP FRIED

<b>N1 TORI KARAAGE</b> GEFRITUURDE KIP	<b>N2 OKONOMI GYOZA</b> GEFRITUURDE GYOZA   MAYO   OKONOMISAUS   BOSUI
<b>N3 CRISPY CHICKEN</b> KROKANTE KIP	<b>N4 CHICKEN WINGS</b> KIPVLEUGELS
<b>N6 EBI FRIED</b> GEFRITUURDE GARNALEN	<b>N7 SHRIMP CROQUETE</b> GARNALENKROKET
<b>N9 FRIED SWEET POTATO</b> GEFRITUURDE ZOETE AARDAPPEL	<b>N10 SPRINGROLLS</b> MINI LOEMPJA
<b>N12 EBIYAKI BALLS</b> KIPGEHAKT BALLETTES   GARNALEN   MAYO   OKONOMISAUS	<b>N13 TEMPURA EBI</b> TEMPURA GEBAKKEN GARNALEN   MAYO   OKONOMISAUS

# SKEWERS

POPULAIR SKEWERS MADE FROM BITE-SIZED PIECES OF MEAT

<b>I1 IKA SKEWER</b> INKTVISSPIES   SESAM   TERIYAKISAUS	<b>I2 LAMB SKEWER</b> LAMSPIES   SESAM   KETJAPSAUS	<b>I3 YAKITORI</b> KIPSPES   SESAM   TERIYAKISAUS
<b>I4 SHRIMP SKEWER</b> GARNALENSPIES   GEBAKKEN KNOFLOOK   BOSUI   PONZU SAUS	<b>I5 YAKINIKU</b> BEEFSPES   HONING MOSTERDSAUS	<b>I6 CHICKEN MEATBALLS</b> KIPGEHAKT BALLETTES   SESAM   TERIYAKISAUS

# FISH

<b>J1 CHILI SHRIMP</b> GARNAAL   CHILISAUS   BOSUI	<b>J2 GRILLED SALMON</b> GEGRILDE ZALM   GEBAKKEN KNOFLOOK   BOSUI   PONZU SAUS
<b>J3 GRILLED MACKEREL</b> GEGRILDE MAKREEL   KETJAPSAUS	<b>J4 GRILLED WHITE FISH</b> GEGRILDE WITVIS   CHILIMAYO   GEBAKKEN KNOFLOOK   BOSUI
<b>J5 GRILLED SEA BASS</b> GEGRILDE ZEEBAARS   MISOSAUS	

# HOT BOWLS

<b>K1 CHICKEN NOODLE</b> KIP MET NOEDELS   SESAM   SEIZENSGROENTES   TERIYAKISAUS	<b>K2 BEEF NOODLE</b> BEEF MET NOEDELS   SESAM   SEIZENSGROENTES   TERIYAKISAUS
<b>K3 VEGGIE NOODLE</b> SEIZENSGROENTES MET NOEDELS   TERIYAKISAUS   SESAM	<b>K4 VEGGIE UDONSOP</b> UDON SOEP   SHITAKE   SEIZENSGROENTES   UNAGISAUS   SESAM
<b>K5 FRIED RICE</b> GEBAKKEN RIJST   SESAM   GROENTENMIX   BOSUI	<b>K6 CHICKEN CURRY RICE</b> KIP MET CURRY SAUS   WITTE RIJST   BOSUI

# VEGGIE

<b>L2 MUSHROOM TERIYAKI</b> CHAMPIGNON   SESAM   TERIYAKISAUS	<b>L3 ZUCCHINI TERIYAKI</b> COURGETTE   GEBAKKEN KNOFLOOK   TERIYAKISAUS	<b>L4 STIR-FRIED VEGGIES</b> GEBAKKEN SEIZENSGROENTES   SESAM
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# SWEETS

<b>M1 SESAME BALLS</b> SESAMBALLEN   KOKOSSAUS	<b>M2 FRIED BANANAS</b> GEFRITUURDE BANANEN   POEDERSUUKER	<b>M3 MIXED FRUITS</b> GEMENGO FRUIT   KOKOSSAUS
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**WITH 2 SCOUPS OF ICE CREAM**

## CAKES

- CHOCOLATE
- MANGO
- VANILLA
- GREEN TEA
- BLACK SESAME
- CHEESECAKE
- CHOCOLATE CAKE
- CRUMBLE CAKE

## ALLERGEN

ARE YOU ALLERGIC? PLEASE LET US KNOW  
BEN JE ALLERGISCH? LAAT HET ONS WETEN

EGGS EI	FISH VIS	SHELLFISH SCHAALDIEREN	FLAVOR ENHANCER SMAAKVERSTERKER	LACTOSE LACTOSE
SUITABLE FOR PREGNANCY GESCHIKT VOOR ZWANGEREN	SESAME SESAM	SOY SOJA	GLUTEN GLUTEN	VEGETARIAN VEGETARISCH